

# ***STATE COMMANDER'S SPECIAL PROJECT***

## **National Home for Children Alliance 180 Headstrong**

**Background:** This year State Commander Jim McArthur has chosen to support our veterans and their families through three well recognized organizations that meets the needs of veterans and their families – the National Home for Children, Alliance 180 and the Headstrong Project.

### **National Home for Children:**

Born from the belief that America needs to care for the children and families of men and women who sacrificed for our country, the VFW National Home is a place of support, growth, and community for veteran and military families.

It was founded in 1925 as a place where the families left behind by war could remain together, keeping the family circle intact even when their servicemember didn't come home.

Today's families face different challenges — reintegration, post-traumatic stress, and high unemployment. The National Home continues to evolve to meet these needs.

Over the decades, National Home has adapted their programs and services to provide the essential support that these families need to grow and thrive.

The National Home remains dedicated to ensuring that military and veteran families have the support, resources, and community they deserve.

### **Alliance 180:**

Veteran Suicide continues to plague our veteran community as well as first responders and front-line health care workers. In New York, a dedicated combat veteran led by Robert Nevins founded Alliance 180 with the commitment to reducing suicide and the effects of trauma in our nation's veterans. Over 800 veterans have successfully gone through his program and this non-profit organization has recently expanded its reach to include first responders and frontline healthcare workers with all services provided free of charge.

### **Headstrong Project:**

The Headstrong Project is a non-profit mental health organization providing confidential, barrier-free, and stigma-free PTSD treatment to our veterans, service members, and family connected to their care. Their goal is to help their clients "Triumph Over Trauma." by providing them with effective mental health treatment. Headstrong's network of trauma-informed clinical partners provide individualized, evidence-based outpatient care to their clients. Their three-tier method of treatment is:

#### **Connect**

Connect to care with a Headstrong intake specialist who completes a phone intake and schedules an initial evaluation. The client is matched with a therapist for treatment.

#### **Collaborate**

Collaborate with a Headstrong therapist through individually tailored, effective interventions deployed to help the client identify problem areas and implement change.

#### **Close**

Close treatment moving forward with new tools and skills.

#### **Monetary Donation Support:**

- All monetary donations to the Special Project will be divided amongst the three designated organizations to assist veterans and their families.

**Department Special Project Chairman: Neil Jordan**

**Your generous donation should be made out to: Department of NY VFW**

**Mailed to: Department of NY VFW  
Attn: Commander's Special Project  
69 Sand Creek Road  
Albany, NY 12205**